UPDATES

Health notices · Sunday 23 August

3 notices from the agencies today, in plain words, each with the original linked.

Lidl US recalls Vitasia wok spice mix for possible Salmonella contamination

CDC · Food safety

If you bought Vitasia Asian Style Wok Spice Mix, a Centers for Disease Control and Prevention notice says Lidl US is recalling one lot due to possible Salmonella contamination.

"Salmonella" is a germ that can cause stomach illness. This recall is for the specific product and lot listed in the notice.

The notice was published 2026-08-11, and it involves the recalled lot with Lot #155846 and BBD Jun 2028 (UPC 4335619355491).

Read the original notice

FDA approval for Xtandi (enzalutamide) for several prostate cancer types

FDA · Approval

If you have certain types of prostate cancer, the US Food and Drug Administration has approved Xtandi (enzalutamide). It's meant for cancers where treatment can include targeting the androgen receptor.

The approval covers castration-resistant prostate cancer and castration-sensitive prostate cancer, including metastatic and non-metastatic forms with high-risk biochemical recurrence (high risk of metastasis).

This may matter to you because it gives clinicians an additional approved option for treatment of the prostate cancer type listed on the label.

Read the original notice

Sterility concern for Rohto Cooling Eye Drops Optic Glow

FDA · Recall

If you use Rohto Cooling Eye Drops Optic Glow, the US Food and Drug Administration has

reported a lack of assurance of sterility for this product.

This means the product may not be guaranteed to be sterile, which can matter for people putting drops in their eyes.

The notice covers Rohto Cooling Eye Drops Optic Glow distributed nationwide within the United States, and it was made in Vietnam.

Read the original notice

Where this comes from

- Lidl US recalls Vitasia wok spice mix for possible Salmonella contamination

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766224
- FDA approval for Xtandi (enzalutamide) for several prostate cancer types

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=218731
- Sterility concern for Rohto Cooling Eye Drops Optic Glow

  US Food and Drug Administration - enforcement report · https://www.fda.gov/drugs/drug-safety-and-availability/drug-recalls