UPDATES

Health notices · Friday 2 October

3 notices from the agencies today, in plain words, each with the original linked.

Bettergoods Authentic Italian Lemon Alfredo Fettuccine recalled

CDC · Food safety

If you bought Bettergoods Authentic Italian Lemon Alfredo Fettuccine, the CDC reports it may be contaminated with Listeria monocytogenes, a germ that can cause serious, sometimes fatal infections.

This matters most if you are a young child, frail, or elderly, because these groups are at higher risk of severe illness.

What to do

Read the original notice

- Do not eat the recalled product.
- Follow the recall instructions provided by Gias Foods for returning or disposing of the product.

FDA approves ZITUVIMET for adults with type 2 diabetes

FDA · Approval

If you have type 2 diabetes, the US Food and Drug Administration has approved ZITUVIMET (sitagliptin and metformin hydrochloride) as an added treatment to diet and exercise.

ZITUVIMET combines sitagliptin, a dipeptidyl peptidase-4 (DPP-4) inhibitor, with metformin, a biguanide, to help improve glycemic control (blood sugar levels).

It is not recommended for people with type 1 diabetes, and it has not been studied in people with a history of pancreatitis.

Read the original notice

FDA approved clonidine hydrochloride tablets for hypertension

FDA · Approval

If you have hypertension (high blood pressure), the US Food and Drug Administration has approved clonidine hydrochloride tablets as a treatment option.

These tablets are indicated for treating hypertension, used either alone or with other antihypertensive medicines, depending on your care plan.

Read the original notice

Where this comes from

- Bettergoods Authentic Italian Lemon Alfredo Fettuccine recalled

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766565
- FDA approves ZITUVIMET for adults with type 2 diabetes

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=216644
- FDA approved clonidine hydrochloride tablets for hypertension

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=091368