UPDATES

Health notices · Wednesday 11 November

3 notices from the agencies today, in plain words, each with the original linked.

All cheddar cheese products recalled due to possible Listeria risk

CDC · Food safety

The Centers for Disease Control and Prevention says Family Farmstead Dairy has recalled all cheddar cheese products because they may be contaminated with Listeria monocytogenes.

Listeria monocytogenes is a germ (organism) that can cause serious and sometimes fatal infections, especially in young children, frail or elderly people, and people with weakened immune systems.

If you have the recalled cheddar cheese, you should follow the recall instructions provided by the company or retailer and avoid eating the product.

What to do

Read the original notice

- Follow the recall instructions provided by the company or retailer for the cheddar cheese products.

FDA approves dapagliflozin and metformin extended-release for type 2 diabetes

FDA · Approval

If you have type 2 diabetes, the FDA has approved dapagliflozin and metformin hydrochloride extended-release tablets for use with diet and exercise to improve glycemic control (blood sugar levels).

This medicine also reduces certain risks in some adults, including sustained kidney function decline, end-stage kidney disease, cardiovascular death, and hospitalization for heart failure in people with chronic kidney disease at risk of progression.

For adults with heart failure, it is indicated to reduce cardiovascular death, hospitalization for heart failure, and urgent heart failure visits. For some people with type 2 diabetes and established cardiovascular disease or multiple cardiovascular risk factors, it reduces hospitalization for heart failure.

Read the original notice

Tobacco cessation resources updated for health care teams

CDC · Guidance

If you use tobacco, this CDC update is meant to change how clinics support quitting. The "Tobacco Cessation Change Package" is a quality improvement set of ideas and tools for clinicians and public health partners.

It is designed to help health care teams add tobacco-dependence support into routine care, using evidence-based approaches and practical workflow changes rather than one-time advice.

What to do

Read the original notice

- Use the Tobacco Cessation Change Package to select and test process improvements that fit your setting.
- Do a "small test of change" before making changes on a broader, more permanent scale.

Where this comes from

- All cheddar cheese products recalled due to possible Listeria risk

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766818
- FDA approves dapagliflozin and metformin extended-release for type 2 diabetes

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=211536
- Tobacco cessation resources updated for health care teams

  Centers for Disease Control and Prevention · https://tools.cdc.gov/api/v2/resources/purls/001HJ