UPDATES

Health notices · Saturday 21 November

3 notices from the agencies today, in plain words, each with the original linked.

FDA approval of Selenious Acid injection for selenium support

FDA · Approval

If you need parenteral nutrition (nutrition given through a vein) and you cannot, can't get enough, or shouldn't use oral or enteral (through the gut) feeding, Selenious Acid is indicated as a source of selenium.

Selenium is a trace element your body needs in small amounts. This approval adds an option to support people requiring selenium during intravenous nutrition, in both adults and children.

Read the original notice

CDC reports recall of biscuits with undeclared milk and shrimp

CDC · Food safety

If you have a milk allergy, avoid the recalled Sanniu Evergreen Biscuits, because they may contain undeclared milk.

If you have a shrimp allergy, avoid the recalled Sanniu Salt and Pepper Soda Biscuits, because they may contain undeclared milk and shrimp.

The recall is because allergens might not be listed, which could trigger an allergic reaction if you eat the product.

Read the original notice

FDA approval of COSENTYX (secukinumab) for several inflammatory diseases

FDA · Approval

If you have moderate to severe plaque psoriasis and you are a candidate for systemic therapy or phototherapy, FDA-approved COSENTYX may now be an option.

If you have active psoriatic arthritis, active ankylosing spondylitis, non-radiographic axial spondyloarthritis with objective signs of inflammation, or active enthesitis-related arthritis (for

qualifying ages), this approval may affect what your clinician can prescribe.

COSENTYX is also approved for moderate to severe hidradenitis suppurativa (HS) for qualifying ages. The FDA approval was published on 2026-11-16.

Read the original notice

Where this comes from

- FDA approval of Selenious Acid injection for selenium support

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=220051
- CDC reports recall of biscuits with undeclared milk and shrimp

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766888
- FDA approval of COSENTYX (secukinumab) for several inflammatory diseases

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=761349