UPDATES

Health notices · Saturday 28 November

3 notices from the agencies today, in plain words, each with the original linked.

FDA approves sitagliptin and metformin for adults with type 2 diabetes

FDA · Approval

If you have type 2 diabetes, the US Food and Drug Administration (FDA) has approved ZITUVIMET, a tablet you take by mouth, to be used with diet and exercise to improve glycemic control.

Zituvimet combines sitagliptin, a dipeptidyl peptidase-4 (DPP-4) inhibitor, with metformin hydrochloride (HCl), a biguanide. Glycemic control means keeping blood sugar at better levels.

Zituvimet is not recommended for people with type 1 diabetes. It hasn't been studied in people with a history of pancreatitis, and it's unknown if that history changes risk while using it.

Read the original notice

Case report links cat's claw product to opioid death

CDC · Guidance

If you use products labeled as botanicals like cat's claw (especially kratom-derived products), this may affect you. CDC describes a 37-year-old man who died after taking a cat's claw-labeled supplement product that was found to contain MGM-15, a semisynthetic kratom-derived opioid.

CDC says MGM-15 acts on the body's mu-opioid receptors, and the death was certified as accidental toxic effects of kratom alkaloids. MGM-15 was not listed on the product label, and routine tests may not detect MGM-15 or related compounds.

CDC recommends people who use these products, and anyone nearby, carry naloxone and be ready to use it in an overdose. The report also says you should screen for supplement use and learn overdose warning signs.

What to do

Read the original notice

- Carry naloxone and be prepared to use it in the event of an overdose.

- Screen for the use of over-the-counter supplements.

FDA approval of IMPAVIDO for leishmaniasis

FDA · Approval

If you have leishmaniasis, the US Food and Drug Administration has approved IMPAVIDO (miltefosine) as a treatment for specific forms of the infection.

IMPAVIDO is indicated for visceral leishmaniasis caused by Leishmania donovani, and certain cutaneous and mucosal leishmaniasis caused by named Leishmania species.

This is for adults and pediatric patients age 12 years and older who weigh at least 30 kg (66 lbs).

Read the original notice

Where this comes from

- FDA approves sitagliptin and metformin for adults with type 2 diabetes

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=217545
- Case report links cat's claw product to opioid death

  Centers for Disease Control and Prevention · https://tools.cdc.gov/api/v2/resources/purls/002E1
- FDA approval of IMPAVIDO for leishmaniasis

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=204684